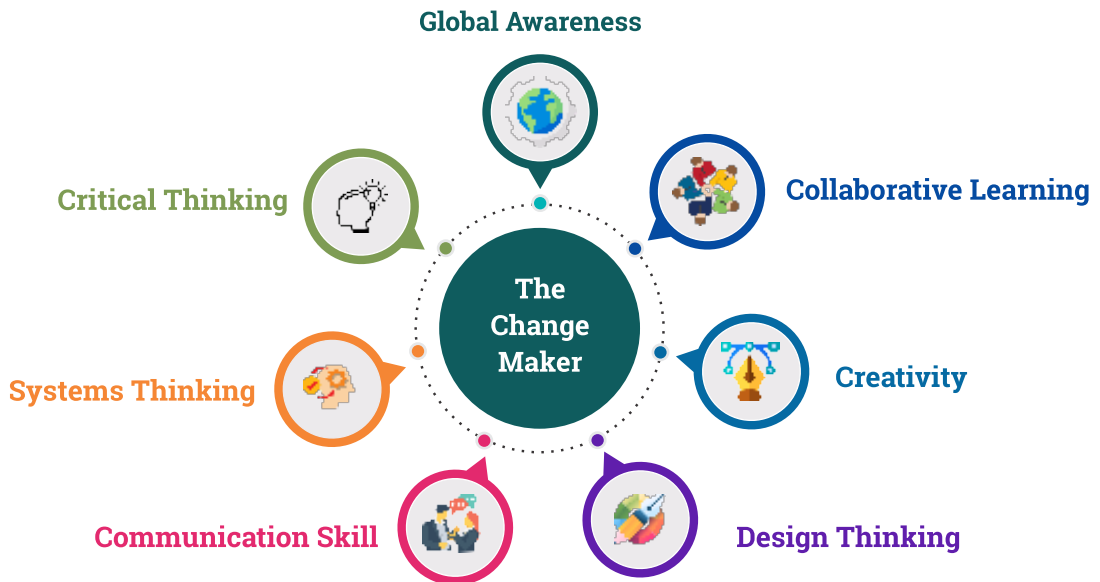




THE CHANGE MAKER

in collaboration with

An environment and social impact program to build awareness about UN Sustainable Development Goals.



Why do this program?

High school and college-bound students are often asked about their impact on the world around them.

Here is an opportunity to build a profile of a true "Change Maker" by working 'on ground' towards environment-related UN Sustainable Development Goals while picking up the skills of writing and presenting their concerns and

How do you bring about the change?



Immerse

in the context and understand that everything is interconnected.



Converse

about the challenges and opportunities.



Create

art (poetry/ painting/ podcast) to express your feelings & concerns.



Act

to be the change you wish to see in the world.



It was a privilege for us to have hon'able **Dr. Kiran Bedi**, a trailblazer **CHANGE MAKER** interacting with our Change Makers on the culmination day for our **pilot batch**.



CHIEF GUEST - HONBLE DR. KIRAN BEDI
FORMER LIEUTENANT GOVERNOR OF PUDUCHERRY,
FOUNDER MEMBER NAVJYOTI INDIA FOUNDATION



Bangalore



Mangalore



Hyderabad



Pune



Gurugram



Gurugram



Gurugram



Gurugram



Gurugram



Gurugram


Eco Poetry by the Change Makers



Eco-lit Posters by the Change Makers




Awareness poster made by the Change Maker using story board presentation technique



bin less, upcycle more.
Give us your waste to give it a new life.
Waste isn't waste until we waste it- WILL.I.AM





Project on Water Conservation (UN SDG 6)

Site Visit:



Some of the projects done by this group:



Lake Restoration



Rain Water Harvesting

Project on Zero-waste lifestyle and Circular Economy (UN SDG 12)

Collection drive of old newspaper and old clothes
for rural artisans



Site Visit:



Social Entrepreneurship initiating them to the concept of Circular Economy



Participants' Feedback



Yuvraj Sharma
Grade 10
The Shriram Aravali, Gurgaon

The changemaker program not only taught us about the situation of the world but the rural site visit made us realize the value of basic necessities we take for granted. Even though environmental conservation and waste management were the primary learning objectives, the life lessons we learned along the way touched all of us.

I learned about a new genre of poetry called eco-poetry. In one of the self-authored poems, we worked on the ability to express our thought within limited syllables. This made me and my peers think if we can be economical and judicious with words and create poetry, why can't we be more mindful of our natural resources and lead a more sustainable life rather than have an extractable relationship with nature? The village visit, organized by our capstone mentor Nilanjana Ma'am hugely impacted us as we got a firsthand glimpse into the rural lifestyle and its environmental and economical challenges.

We collected over 100KGS of paper waste and with that, the women working in villages made beautiful eco-friendly diyas and pens. The efforts put in by Soumi Ma'am and Nilanjana Ma'am have paid off as we have already started selling the products produced in the villages helping them generate income.



Ashmi Trivedi
Grade 11, DPS Pune

The change makers is an all-encompassing program orienting towards the SDGs.

This program has given me the experience of working for the UNSGDs and I've connected more with the environment concerned issues through this program. The uniqueness of this program lies in substantiating the concerns with literary exposure through the work of eco concerned international authors and an on-ground experience with the NGOs through a capstone project.

Soumi Ma'am has been an incredible mentor and guided all of us through this new experience of taking our steps to bring about change. The sessions with Chandni Ma'am of Navjyoti India Foundation were helpful in understanding the concepts and it was also a wonderful experience to be supported by her throughout as we worked towards conserving water. The expert sessions organized by the NGO enriched the program even more.

This program has kickstarted my journey as a change-maker and inspired me to keep going and give my contribute to this planet. Thank you for this life-changing opportunity.



Parthiv Yashanth

*Grade 9, Sunflower Vedic School,
Hyderabad*

The changemakers program is a quintessential experience.

I loved the holistically designed program as it oriented me toward the UN Sustainable development goals. The various interactive and collaborative sessions spearheaded me towards solutions and help me gain confidence to adopt the role of a Changemaker.

The eco-literature draws attention to the crisis various ecosystems are facing. It also gave a sense of accomplishment as we connected our learning with our concerns and gave it the shape of poetry and illustrated our narratives with paintings.

The on-ground experience with the capstone project was the apex of this learning curve. It opened doors of social entrepreneurship, AI technology blended solutions and enabled me to envision solutions to my chosen theme: Water conservation. The key takeaway from this experience is when we strive and take a step toward change; we find the tools, the medium, and the platform to park our solutions.

I also did a case study on a plastic upcycling project making bricks and tiles from discarded single-use plastics. The interview with the NGO founder was an enriching and eye-opening experience for me. I plan to be a part of his upcoming work in this domain and continue my journey as a Change Maker.

Soumi Mam as a true torchbearer passed on the vision of Changemaker to us. Her enthusiasm, dedication, commitment, and hard work were contagious and ignited the Changemaker spirit within me.

Chandni Bedi Mam like a true role model inspired us through her work and support. She is an excellent mentor who could match our wavelength and guide us to pave our path as Eco- crusaders.



Nikita Juneja

*Grade 9, Lotus valley International School
Gurugram*

“The Change Maker” program has helped me develop a sense of global connection and understanding of the earth. The eco-poem, couplets, and book discussions helped me understand the context of SDGs in today's world and helped me align my thoughts and concerns with them. And capstone project with Navjyoti India foundation gave a sense of empowerment. This program has also helped me gain a different, more connected perspective toward sustainability.

Feedback of Parents



Dr. Madhumita Gupta
*Parent of Tanisha Sur, grade 8
Chrysalis High, Bangaluru*

The Change Maker is all encompassing program that helped the kids understand, reflect and express their thoughts around sustainability development goals.

It was great to observe their literary exposure to eco literature from renowned international authors. This helped them foster critical thinking skills and join dots from multi-disciplinary ideas. It was heartening to see how their thoughts found their outlet through their authored eco poetry and painting. The best part of the program was the on-ground experience working with renowned NGOs through their capstone project.

I am glad my daughter was guided by Soumi and Chandni and eventually made a change in our society by bringing forth a well-researched report to the management committee who appreciated her thinking and efforts. She plans to follow up to get some of her recommendation around water preservation implemented. I am sure this program will bring forth a holistic development in children and bring an actual change.



Dr. Smita Roy Trivedi
*Mother of Ashmi Trivedi
Grade 11, Delhi Public School, Pune*

The workshop was a unique experience for the young adults. One part was of course gaining knowledge about UN sustainable development goals. The other was hands-on learning that will have a lasting impact on the 'change makers'. I would specially thank Soumi for including the Eco literature part of the curriculum. The intelligent way of integrating book reading into the program had an immense impact in the mind of the these would-be adults.

The expert guidance of Ms. Chandni Bedi, the capstone Mentor and the support given by Navjytoi India Foundation was immense and made the program outstanding. I would highly recommend this program for all college bound students and young adults. We need more of these holistic programs which make them environmentally aware and proactive.



Mrs. Sneha Singh

*Mother of Vikramaditya Singh
Grade 8, Kunskapsskolan School, Gurgaon*

'The Change Makers' programme conceived and curated by Ms. Soumi Duttgupta is an excellent blend of reading, writing and working with communities in a manner that made my son more keenly aware of the environmental challenges all around us.

By working with communities under the able mentor ship of Nilanjana Das, Founder Director of ACT, he got a better understanding of impact of indiscriminate consumerism on our planet and fragile eco-system as well as possible measures which we could take to reduce our destructive tread.

Kudos to Ms. Soumi Duttgupta for designing this beautiful program, for helping guide young individuals in this meaningful manner. I am extremely pleased with the curriculum and the way Soumi has incorporated Eco - Literature makes the course stand apart. Highly recommend this programme!



Mrs. Charu Juneja

*Mother of Nikita Juneja, Grade 8,
The Lotus Valley School, Gurgaon*

The change maker is an innovative out of the box program which gives multifaceted exposure on book discussions on UN sustainable goals of water conservation, creative illustrations, couplets, eco poetry along with sessions with subject matter experts and the capstone project with an NGO.

The project light the fire of natural resources preservation through a water conservation project, field trip to Navjyoti India foundation and motivational guidance by Dr Kiran Bedi in the culmination ceremony. I thank Ms. Soumi Duttgupta, the Chief Mentor of the project to envision and design such a meaningful program for the high school children and my immense gratitude to Ms. Chandni Bedi, the capstone Mentor for water conservation group to create such deep impact on my child's outlook towards sustainable living.



THE CHANGE MAKER

Chief Mentor of 'The Change Maker'.



“

*We are standing at the edge
It's time we step out of our bubble and be the change the
plant and people need.*”

Soumi Duttgupta
Founder of ReGenesys



Capstone Mentors



“

*All it takes is one kind-heart, one right idea and one small
act to lead a change. Take that step and be the change-maker.*”

Chandni Bedi

Director - Rural Management & Training Institute,
Navjyoti India Foundation, an NGO founded by Hon'ble Dr. Kiran Bedi



“

*You might become an engineer,
a lawyer or a doctor but be a change maker at heart.*”

Nilanjana Das

Founder- Director of Action Center for Transformation



Regenesys focuses on creating next generation of planet stewards by helping them to connect their learning with life. Regenesys gives them a platform to have conversations around the environmental, social and economic concerns through their quintessential writing voices and gives the high schoolers and young adults an on-ground scope to make / initiate the changes they wish to see.